



Update from the Consortium of Lancashire & Cumbria LMCs

Tuesday 17th December

**Weekly Brieflet brought to you by
Lancashire & Cumbria Consortium of Local Medical
Committees**



Dear Colleagues,

As we draw to the close of another year, we reflect on what has undoubtedly been a turbulent period for General Practice. Practice finances have been stretched to the limit, numerous GPs have found it increasingly difficult to secure work, and the added burden of workload dumping from Secondary Care has further strained our resources and resilience.

Despite these challenges, we have responded with Collective Action, steadfastly advocating for our profession. Our unified voice has been impactful, ensuring that the concerns and needs of General Practitioners are being recognised and addressed. Your consistent support has been crucial in these efforts. It is acknowledged that Collective Action takes time to build momentum. However, as more practices assertively express their stance and say, "enough is enough", our efforts are increasingly gaining traction.

To quote the lyrics from Wicked's 'Defying Gravity':

Something has changed within me

Something is not the same

I'm through with playing by the rules

Of someone else's game

Too late for second-guessing

Too late to go back to sleep

It's time to trust my instincts

Close my eyes: and leap!

Similarly to these lyrics, we should trust our instincts and take decisive action. It is through our collective determination and proactive measures that we can secure a brighter future for General Practice.

As we look ahead to the coming year, the LMC remains steadfast in our commitment to support our colleagues. We will continue to push back on unfunded and underfunded work and strive for a more sustainable and equitable future for all. We remain optimistic about a time where our collective endeavours will result in meaningful progress.

We deeply appreciate your resilience, continued collaboration, and solidarity. Together, we have navigated through these challenging times, and together, we will continue to build a stronger, more united profession.

Wishing you all a restful Christmas and a Happy New Year filled with renewed energy and optimism.

With best wishes from myself, Adam, and all the LMC team.

Faye Tomlinson

Chief Operating Officer

This Brieflet includes the following topics:

- General Practice Alert State (GPAS)
- Government's Suggested 2.8% Pay Uplift for Doctors for 2025-26
- Joint Statement on Government Pay Uplift for 2024/25
- Changes to the GP Pension Type 1 and 2 Forms for the Year 2023-24
- National Insurance Contributions
- LMC Training Events
- LMC Vacancies
- Help us grow our audience



General Practice Alert State (GPAS)

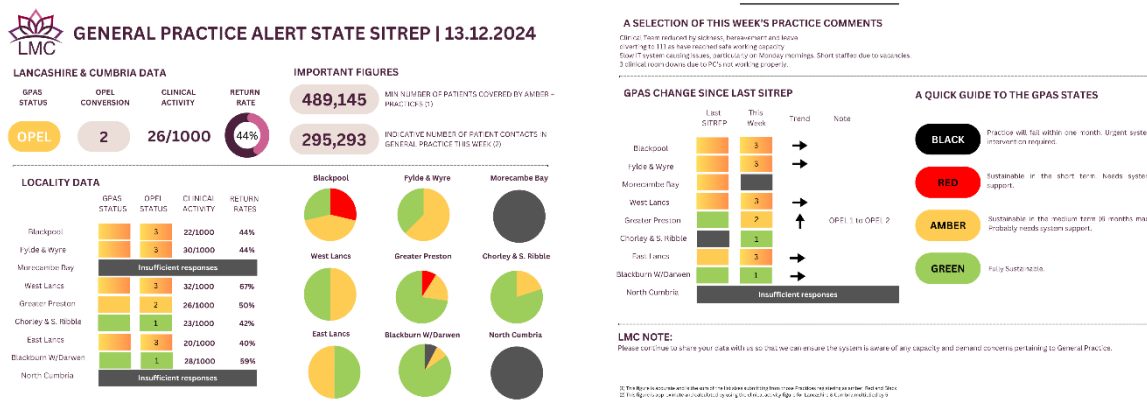
You can see the latest SitRep results below. Results can also be found [on our website](#).

The data we do not receive prevents us from providing a robust picture to system partners and hinders our efforts to push for more support on your behalf.

We really appreciate you taking to the time to ***help us to help you.***

Please let us know if you are a Practice Manager and do not receive the GPAS input emails.

Please let us know if you have any questions/ issues



Government's Suggested 2.8% Pay Uplift for Doctors for 2025-26

This week, [the Government recommended that the pay uplift for next year for doctors](#) and other NHS workers should be 2.8%. In response to this, the BMA's chair of council, Philip Banfield, said:

"For this Government to give evidence to DDRB believing a 2.8% pay rise is enough, indicates a poor grasp of the unresolved issues from two years of industrial action. It is far below the current rate of inflation experienced by doctors in their daily lives and does not move significantly closer to restoring the relative value of doctors' pay lost over the past 15 years." Read the full [BMA statement](#)

Joint Statement on Government Pay Uplift for 2024/25

The BMA recognise decisions on pay awards for practice staff are determined by individual employers, however, nursing staff working in General Practice should be provided with a fair pay settlement that recognises their essential nursing role in the holistic delivery of General Practice services.

GPCE and RCN are committed to calling for a fairer funding model for General Practice nursing staff, and remain committed to finding solutions to achieve this and secure the long-term sustainability of General Practice in England. Read the full statement [here](#)

Changes to the GP Pension Type 1 and 2 Forms for the Year 2023-24

You should have received an email from NHS England detailing how you must submit your type 1 or type 2 form for the year ending 31 March 2024 to PCSE. Previously you could submit your forms either through your PCSE online account or the '[Contact us](#)' section on the PCSE website. Instead, you or your accountant, will now need to submit the form via the '[Contact us](#)' section on the PCSE website. This will not impact your pension record, just how you submit your forms.

All of the necessary [forms, including the Type 1 form for GP partners, and guidance are linked on our web page](#). The forms must be completed by those who have undertaken practitioner pensionable work between 1 April 2023 and 31 March 2024, and should be submitted by 28 February 2025.

National Insurance Contributions

The BMA [briefed MPs](#) ahead of the [opposition day debate](#) on the increase in employers' national insurance (NI) contributions, and are pleased to see several MPs raising the issue of the impact of the increase on GPs and their patients and urging Government to take action.

To continue to keep this issue on the Government's agenda, if you have not done so the BMA are asking you to write your local MP, using [our online tool](#) to tell them about the impact that ENICS increases will have on your practice and patients. Please also consider following up your email with an invitation for your local MP to visit your practice to hear from you directly. If you do have an MP visiting, contact the BMA on publicaffairs@bma.org.uk, and they can offer any support needed.

Please continue to use the BMA [online calculator](#) to estimate the impact of the increases to employer NI contributions and the national minimum/living wage on General Practice in England.

LMC Training Events

Please see a list of upcoming training events being hosted by the LMC:

- [Change Management](#)
- [Finance Training](#) - Lancashire and South Cumbria only

To book your place or find out more information, please contact

Rebecca.Noblett@nwlmcs.org

LMC Vacancies

2 out of our 5 Committees have seats available for GP representation:

- North Cumbria - 2 seats available
- Central Lancashire - 3 seats available

We are keen to hear from GPs, including GP Registrars/ Trainees, who may wish to get involved to represent your constituents. [Please let us know](#) if you are interested in being a LMC member or would like to find out more.

Help Us Grow Our Audience

We understand that you are busy and are likely to receive many emails on a daily basis. However it is important for you to receive communications from us because **we can help and support you.**

We know there are many colleagues who do not receive our brieflet, so please help us by sharing this with your team and letting us know to add them to our distribution lists.

Contact Us

